

A one day Conference and launch of the new Taylor & Francis Journal

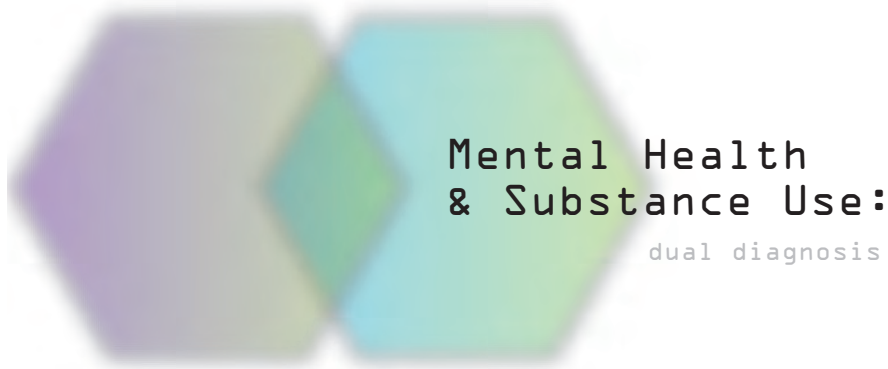
Mental Health and Substance Use *(dual diagnosis)*

Meeting the Challenge;
current thinking
and developments

Tuesday 11 March 2008

Trinity Park Conference Centre, IPSWICH

Further details and online booking at:
www.smhp.nhs.uk/conference



For the person experiencing co-existing mental health and substance use problems, life presents many challenges. Their needs, often complex and multifaceted, extend beyond simply a mental health and substance use problem. For clinicians and services working with this group, this also presents many challenges. To effectively and creatively deliver care and services to meet the needs of individuals experiencing co-existing problems, professionals need to continually update knowledge and skills.

This one day conference explores some of the issues facing clients, professionals and services. It provides an insight into current thinking and latest developments in the field from a variety of perspectives: policy, practice and training. The conference draws together some of the UK's leading clinicians, researchers and educators to consider how we meet the challenge, now and in the future.

In addition, the conference has the pleasure of hosting the UK launch of the new, international Taylor and Francis journal *Mental Health and Substance Use: dual diagnosis* (www.informaworld.com/mhsu) and provides an opportunity to meet the Editor and members of the Advisory Board. All delegates will receive a year's subscription to the journal and a copy of the first issue in their welcome pack.

Who Should Attend?

All Health and Social Care staff whose work involves contact with people who experience co-existing mental health and substance use problems.

How to Apply:

You may apply to attend the conference by completing the Registration Form and returning it to the address indicated on the form, or alternatively by using the on-line registration facility

Cost:

The cost per delegate is £200

This includes one year's subscription to *Mental Health and Substance Use: dual diagnosis* journal

Further Enquiries:

Please direct any enquiries to either Sara Hyde (sara.hyde@smhp.nhs.uk) or Rebecca Lesaint (rebecca.lesaint@smhp.nhs.uk).

conference programme

Tuesday 11 March 2008

- 08.00 – 09.15 **Registration & Exhibition**
- 09.15 – 09.25 Welcome and Introduction
Chair: Mr Robert Bolas, Deputy Chief Executive & Director of Nursing, Suffolk Mental Health Partnership NHS Trust
- 09.25 – 09.55 Dual diagnosis or co-morbid or co-existing or co-occurring?
What's in a name? The search for appropriate and consistent terminology.
Professor Phil Barker, Psychotherapist and visiting Professor in Health Sciences at Trinity College, Dublin.
- 09.55 – 10.15 Policy perspectives: CSIP themed review and the need for a National Strategy
Mr Tom Dodd, National Programme Lead for Dual Diagnosis, Care Services Improvement Partnership (CSIP)
- 10.15 – 10.35 Co-morbidity of drug users in Europe – what do we know?
Ms Margareta Nilson, Scientific Partners and Documentation, The European Monitoring Centre for Drugs and Drug Addiction (EMCDDA)
- 10.35 – 10.45 Questions
- 10.45 – 11.15 **Tea/Coffee and Exhibition**
- 11.15 – 11.40 Differences in mental health, substance use and other problems among dual diagnosis patients attending psychiatric or substance misuse treatment services
Ms Victoria Manning, Department of Psychological Medicine and Psychiatry, Institute of Psychiatry, Kings College London
- 11.40 – 12.05 Cannabis and mental health
Dr Paul Morrison, Department of Psychological Medicine, Institute of Psychiatry, Kings College London
- 12.05 – 12.30 Tobacco and Mental Health
Mr Dave Jones, Deputy Manager Sandwell Stop Smoking Service; Sandwell NHS Primary Care Trust
- 12.30 – 12.40 Questions
- 12.40 – 13.40 **Lunch & Exhibition**
- 13.40 – 14.05 Helping people with psychiatric disorders and alcohol problems: evidence and practice
Dr Jonathan Chick, Consultant Psychiatrist, Royal Edinburgh Hospital; Senior Lecturer in Psychiatry, Edinburgh University
- 14.05 – 14.30 The application of motivational interviewing and CBT in clients with co-existing problems: the MIDAS trial
Professor Christine Barrowclough, Professor of Clinical Psychology, MIDAS Trial Team, University of Manchester
- 14.30 – 14.40 Questions
- 14.40 – 14.50 Journal Launch: *Mental Health and substance Use: dual diagnosis*
Philip D. Cooper, Editor; Practice Educator, Suffolk Mental Health Partnership NHS Trust
Beth Davidson, Managing Editor, Taylor & Francis Group
- 14.50 – 15.20 **Meet the Editor and afternoon refreshments**
- 15.20 – 15.45 The application of cognitive behavioural integrated therapy in clients with co-existing problems: the Compass programme
Mr Derek Tobin, Combined Psychosis and Substance Misuse Programme, Birmingham and Solihull Mental Health NHS Trust
- 15.45 – 16.10 Out of your head: Communicating harm reduction to people with co-existing problems
Mr Mark Holland, Nurse Consultant for Dual Diagnosis, Manchester Mental Health and Social Care NHS Trust
- 16.10 – 16.35 Meeting the training needs of frontline workers – ISADORA perspective
Dr Carmel Clancy, Principal Lecturer (Addictions and Mental Health), Programme Lead MSc Dual Diagnosis
- 16.35 – 16.45 Questions
- 16.45 – 17.00 Closing Remarks
Chair: Mr Robert Bolas, Deputy Chief Executive & Director of Nursing, Suffolk Mental Health Partnership NHS Trust

Programme
subject to change

Mental Health and Substance Use *(dual diagnosis)*

Meeting the Challenge; current thinking and developments

Registration Form

Tuesday 11th March 2008 Trinity Park Conference Centre, Felixstowe Road, Ipswich

Name:

Role:

Organisation:
(if applicable)

Please note that these details will be included on the list of delegates

Contact
Address:

Postcode:

Telephone: Fax:

Mobile:

Email:

Do you have any other special requirements? e.g. assistance with mobility, sensory disabilities etc.

Please indicate if you would like someone to contact you directly to discuss.

- NO YES
- CONTACT ME PLEASE

→ *Please specify >*

Please complete and return this form, by the **29th February 2008** (including cheque* payment of £200/delegate) to:

Sara Hyde, Business Manager
Suffolk Mental Health Partnership NHS Trust
Education & Workforce Development,
St Clements Hospital, Foxhall Road, Ipswich, Suffolk IP3 8LS

Sara.hyde@smhp.nhs.uk or Rebecca.lesaint@smhp.nhs.uk

*make cheques payable to SMHP NHS Trust. Invoices can be raised on request